

I ______, agree to become a member of Northern Baseball League for the 2024 season. As a member of this league, I will do my best to follow the rules and expectations.

1. I will always give a 110% at practice & during games. I will never quit. No matter the score, inning, or number of outs, I will always give my best effort.

2. I will respect my coaches on & off the field. I understand that they come from a place of experience and want to help me become the best player and person that I can be.

3. I will practice good sportsmanship. I will appreciate the good plays of our opponents and remain humble during my shining moments. I will treat all opposing players, coaches, and fans with respect.

4. I will respect the decisions made by the umpires. I recognize my reaction may reflect poorly on me and my team.

5. I will handle winning with class and losing with grace. I will never throw any equipment in anger. Not only is it unsafe, but it is a selfish display of poor self control and sportsmanship.

6. I will always prioritize the safety of myself and others around me. I will be properly equipped and aware of my surroundings when throwing a ball or swinging a bat.

7. I will take necessary precautions when it comes to my health. I will let my parents and coaches know if I am not feeling well or may feel like I am injured. Our health is more important than a win.

8. I will treat practices seriously as an opportunity to become a better player each and every time that I take the field. Practice is the time for me to polish my skills while the game is time for us to shine.

9. I will practice self control, while setting a positive example for other players at our league on and off the field. I will remain positive even when things are not going our way.

10. I will always support and encourage my teammates. I will be helpful and courteous in treating teammates in the same way in which I would want to be treated.

11. I will respect the facilities that are provided for our practices and games. I will take care of equipment, clean up when we are done, and treat it as if it were my own.

12. I will always remain in the dugout while practicing safe and positive behavior. My focus needs to be on the field while in the dugout, This is not RECESS.

13. I understand that my grades at school as well as my behavior at home and outside of baseball may impact my position with the team. There is more to life than baseball.

14. I will embrace any role I am asked to play. This is a team, I will always do what is necessary for the team to be successful.

15. I will learn from my mistakes and be a coachable player. I will make mistakes, but I will use them as an opportunity to learn from. My coaches may get on me, but I will always remember that they are just trying to make me a better player and person.

I will always do my best to follow our rules and values. I will do my best to respect and follow them. Depending on severity and frequency of my infractions, I understand that my actions may impact my standing on the team. I understand these rules, and I will do my best to always represent my teammates well.

Player Signature

Date